

MCCA Women in Leadership Conference Workshop

Workshop Title

Leading with Purpose: The 7 Sacred Teachings in Action

Workshop Description

In today's complex and rapidly changing workplaces, leaders face constant pressures to adapt while staying true to their values. The 7 Sacred Teachings—Wisdom, Love, Respect, Courage, Honesty, Humility, and Truth—provide a grounded framework for making decisions, building trust, and leading with integrity.

In this session, Kerry Holmes blends storytelling, Indigenous perspectives, and practical strategies to demonstrate how these teachings can help women leaders navigate challenges, foster collaboration, and create inclusive environments.

Whether you lead in business, government, community, or volunteer roles, you will gain clear, actionable insights for leading with confidence and authenticity.

Facilitator

Kerry Holmes

Kerry believes that "Curiosity is the foundation of learning, and learning is what helps us become who we were meant to be." This philosophy shapes her approach to work as a corporate trainer and development leader with over 13 years of workplace training experience.

Her background in television promotion, creative writing, and storytelling helps to create engaging content that connects with diverse audiences while honoring traditional knowledge systems. Kerry loves building collaborative, high-trust teams where everyone can adapt and grow together.

Known for being a natural communicator who connects easily across cultures and personalities, Kerry leads with curiosity, empathy, and a systems thinking approach that focuses on both individual growth and organizational success. She has said “My goal is always to create spaces where people can discover and become who they were meant to be.”

In her spare time this former bassoonist can be seen swimming or paddling a lake near you!