

MCCA Women in Leadership Conference Workshop

Workshop Title

Start with You: Essential Skills for Leaders

Workshop Description

This interactive workshop helps leaders develop the three critical soft skills identified by research as essential for the next five years: adaptability and resilience, creative problem-solving, and authentic influence. Participants will explore how communication serves as the foundation for these skills and create personalized plans for self-care and building their support network.

What You'll Take Back to Your Workplace:

- Research-backed skills framework that positions you for future leadership success.
 - Practical resilience strategies to help you and your team navigate change and pressure more effectively.
 - Creative problem-solving techniques that unlock innovation and fresh perspectives in your work
 - Communication tools that improve your ability to influence, connect, and lead across differences.
 - Personal leadership action plan with specific 30-day and 90-day commitments
 - Support network strategy to prevent burnout and sustain your leadership effectiveness.
 - Accountability partnership for ongoing development and growth
 - Resource library for continued learning and skill development.
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Learning Objectives

By the end of this session, participants will:

- Understand the research behind the three critical future skills.
- Have assessed their current capabilities and identified growth areas.
- Practiced specific techniques for building resilience, creativity, and authentic influence.
- Developed awareness of communication's role in effective leadership.
- Created a personal action plan for self-care and building their support network.

- Connected with accountability partners for ongoing development.
 - Feel more confident and intentional about their leadership approach.
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Facilitator Bio

Jennifer Montebruno CWS, CLC

Jennifer Montebruno CWS, CLC (she/her) is the founder and principal of Mode Leadership, a leadership development and organizational culture consultancy dedicated to transforming workplaces through human-centered and evidence-based coaching, training, and strategic consulting. With over twenty years of experience in people and organizational development, she has led high-performing teams across various sectors and is a skilled facilitator and engaging speaker.

Her career spans leadership and instructor roles across the non-profit and higher education sectors, with experience in equity, diversity, inclusion, and accessibility initiatives. She specializes in facilitation, consulting, training, and community engagement, working collaboratively to create organizational transformation through an intersectional and inclusive approach.

She holds a Bachelor of Arts degree and Management Certificate from the University of Winnipeg and is a Certified Leadership Coach (Destination Leadership), a Certified Work-Life Strategist (Career Professionals of Canada) a Certified Working Genius Facilitator (Table Group).

She is currently completing certification in the Five Components of Culture © through CoCreate Work.